



2022 Health & Safety Checkup

How Are We Doing?

May 10, 2022

7:30 – 8:00 Registration

8:00 – 8:15 Welcoming Remarks

8:15 – 10:15 Sylvester Cancer Center Updates

The latest in cancer research, initiatives, and issues will be covered in relation to firefighters.

Presenters: Dr. Caban-Martinez, Dr. Solle, etc.

10:15 – 10:30 Break/Networking

10:30 – 11:30 Alerting Procedures and Firefighter Health Impact

Presenters will discuss the body's response to loud station alerts along with an innovative solution designed to reduce stress and improve efficiency.

Presenters: Joel Billings, Ph.D., Embry-Riddle Aeronautical University; Nate Evans, Firefighter/EMT, St. Augustine Fire Department; Blake Richardson, Cofounder, EaseAlert

11:30 – 12:45 Lunch on Own

12:45 – 2:45 Post Traumatic Stress and Firefighters

This presentation will discuss trauma, its impact on first responders, the natural course of trauma symptoms, and administrative aspects.

Presenters: Kimberly Neisler, RN/Fire Chief (ret), UCF Restores; Deborah Beidel, Ph.D., Director of UCF Restores.

2:45 – 3:00 Break/Networking

3:00 – 4:15 All First Responders Matter

This presentation will discuss the importance of reaching out and checking in with retired and active firefighters and cover post-traumatic stress and isolation. AFRM will discuss strategies being used to facilitate firefighters connecting, communicating and rebuilding camaraderie.

Presenters: Milton Smith, All First Responders Matter Foundation Corporation

4:15 – 5:00 Bureau Updates

Updates on curriculum, Firefighter Cancer Decontamination Equipment Grants and Volunteer Firefighter Assistance Grants, and the 30 in 30 out podcast.

REGISTRATION:

<https://floridastatefirecollege.org>

Course #: BFST17806

Class #: 120614

8 Hours of CEUs available for instructors and inspectors